

Aero Gymnastics

Introduces Blissful Kids Yoga

By Kelsey

Helping Kids and Parents find balance, relax, and most importantly, have fun, while developing self control, better body awareness, coordination, and flexibility

Registration Information

Held at Aero Gymnastics Academy

Please call (607) 754-6454

More information at www.aerogymnastics.com

MONTHLY FEES

(Pay by month only)

--Reg fee: \$10--

<u>Day</u>	<u>Time</u>	<u>Class</u>	<u>Price</u>
Tues	11:00-11:45AM	2mos-Walkers	\$50 /4wks
	12:00-1:00PM	Walking-5yrs	\$70 /4wks
Sat	11:00-11:45AM	6yrs and up	\$50 /4wks

Classes Begin September 6th

(Adult Yoga Classes offered as well, please e-mail Kelsey at RedsRealFitness@gmail.com)